

# Annapurna Base Camp

KATHMANDU ● POKHARA ● NAYAPUL ● HIMALAYA

## The Offer

Immerse yourself in the breathtaking beauty and rich cultural tapestry of Nepal on an unforgettable 15-day journey. From the vibrant streets of Kathmandu to the serene trails of the Annapurna region, prepare to be captivated by towering snow-capped peaks, ancient temples, and the warm hospitality of the Nepali people.

Your expedition begins in the city of Kathmandu, where you'll be greeted and transferred to your hotel. Enjoy a full-day sightseeing tour, taking in the iconic Kathmandu Durbar Square and the ancient Swayambhunath Temple. Explore the sacred Pashupatinath Temple and the serene Boudhanath Stupa, each a testament to Nepal's fascinating history. For a truly breathtaking experience, consider an optional scenic flight over Mount Everest (subject to availability and weather).

Next, a picturesque drive along the Trishuli and Marsyangdi rivers leads you to Pokhara, a haven of natural beauty. Gaze upon the majestic Ganesh Himal and Manaslu peaks before settling into your hotel and exploring this charming city at your own pace. For a quicker journey, an optional flight to Pokhara is recommended due to ongoing roadworks.

Your trekking adventure then commences, leading you from Nayapul to Tikhedhunga through quaint villages. The trail gently ascends to your mountain lodge, the first of many nestled amidst the stunning scenery. Traverse through rhododendron forests to Ghorepani, ascend to the panoramic viewpoint of Poon Hill for a glorious sunrise over the Himalayas and continue your trek to Tadapani and then Chhomrong, each day offering breathtaking vistas and unique encounters.

The journey continues towards the Annapurna Base Camp, passing through bamboo and oak forests to reach Himalaya and then the Machhapuchhre Base Camp, where you'll be surrounded by some of the world's most impressive peaks. Finally, you'll arrive at the remarkable Annapurna Base Camp itself, an unforgettable achievement.

Begin your descent, retracing your steps towards Dovan and then Jhinu Danda, where a welcome opportunity awaits to soak in natural hot springs. Your final trek leads you back to Nayapul, followed by a drive to Pokhara, where you'll have free time to explore the city.

Offer available for a limited time or until sold out. TRIP A DEAL PTY LTD: 50149240433

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Call our friendly team on 1300 158 912

1

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FLYER



Trip  
aDeal



KATHMANDU ● POKHARA ● NAYAPUL ● HIMALAYA

## The Offer

A scenic bus journey returns you to Kathmandu for a farewell dinner, a chance to share tales of your incredible adventure.

This incredible experience includes return international full-service flights, 13 nights of accommodation, 31 meals including full board during the trek, return airport transfers and more.

**Want more? Arrive Early or Stay Behind in Kathmandu, Nepal or Choose itinerary 2 for a Chitwan extension.**

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2

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## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 1

#### Day 1 Australia (or New Zealand) - Kathmandu, Nepal

Today, depart Australia (or New Zealand) for Kathmandu. Upon arrival at Kathmandu airport (1338 metres above sea level), you will be met by a tour representative and transferred to the hotel.

*Please note: Due to flight schedules, some flights may depart on day 0. Affected customers must be at the airport the night before. Flight times will be indicated on your final documentation, which you will receive around 6 weeks prior to departure.*

**Overnight:** Hotel in Jampa or similar, Kathmandu

**Meals included:** In-Flight

#### Day 2 Full Day Sightseeing Tour Kathmandu Valley

Following breakfast this morning, set out for a sightseeing tour of the Kathmandu Valley (entrance fees not included—payable to guide approx US .00). In the morning, take in Kathmandu Durbar Square and Swayambhunath (also known as the 'monkey temple'), followed by sightseeing in Pashupatinath Temple and Boudhanath Stupa in the afternoon.

Kathmandu is home to a wonderful mix of the ancient and the new, including Western influences, which makes visiting the capital an interesting experience. Some of the sites you visit are declared UNESCO World Heritage Sites, and you will truly enjoy visiting these ancient monuments and learning about their fascinating history.

Optional Activity: Mount Everest Scenic Flight

Those who are hungry for more exploration can take the opportunity to join an optional Mount Everest flight, which can be booked directly with the tour operator. The flight is subject to availability, time permitting and weather conditions

**Overnight:** Hotel in Jampa or similar, Kathmandu

**Meals included:** Breakfast

#### Day 3 Kathmandu - Pokhara

After breakfast, drive along the scenic Trishuli and Marsyangdi rivers to reach Pokhara (approx. 200 kilometres). Ganesh Himal and the Manaslu peak, the eighth-highest mountain in the world, will be visible during the drive.

Pokhara is a tourist's paradise, full of both natural and cultural heritage sites such as mountain peaks, lakes, caves and temples of Buddhists and Hindus. Upon arrival, check into the hotel and spend the remainder of the day at leisure exploring the city.

Optional upgrade: Flight to Pokhara.

Due to ongoing road construction, an optional flight to Pokhara is recommended (approx. 30 min). This can be booked through the tour operator on the tour.

**Overnight:** Hotel Splendid View or similar, Pokhara

**Meals included:** Breakfast



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 1

#### Day 4 Pokhara (822metres) - Nayapul (1070metres) - Tikhedhunga (1480metres)

Following breakfast at the hotel, drive to Nayapul (altitude 1070 metres) and then trek out to Tikhedhunga (altitude 1480 metres) via Birethanti. The trek is easy and passes through several small villages and settlements.

Afterwards, you will ascend gently to the Mountain Lodge, where you will spend the night.

Approximate Distance: 7km Approximate Trekking Duration: 4hrs

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 5 Trek to Ghorepani (2675 metres)

Today, you will ascend steeply for the first two hours before ascending gently through Ulleri and Banthanti. You will enjoy a good view of the mountains of Machhapuchhre (Fish Tail), Hiunchuli and Annapurna South on the way.

The trail becomes easier, passing through rhododendron forests and shadowy trees, ascending gently to the final stop in Ghorepani (altitude 2675 metres).

Finish at the Mountain Lodge, where you will spend the night.

Approximate Distance: 12 kilometres Approximate Trekking Duration: 7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 6 Ghorepani - Poon Hill (3180 metres) - Tadapani (2675 metres)

Early this morning you will hike to Poon Hill (altitude 3180 metres) to enjoy the sunrise view over Mt. Dhaulagiri and other numerous snow-capped mountains. After taking in the beauty and serenity of the environment, you will then hike back down to Ghorepani for breakfast at the Lodge.

After breakfast, continue the trek to Tadapani (altitude 2675 metres). Admire the beautiful flowers that make the jungle colourful when they bloom in spring.

Finish at the Mountain Lodge, where you will spend the night.

Approximate Distance: 10km Approximate Trekking Duration: 6-7 hours.

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 7 Tadapani (2675 metres) - Chhomrong (2170 metres)

Enjoy this morning's hike toward Kimrung Khola, descending gently through oak and other kinds of dense forests while hearing the chirps of numerous species of local birds.

After reaching Kimrung Khola, ascend to Chhomrong, the gateway to Annapurna Base Camp. Chhomrong is a village that is situated at the base of the Himalchuli, the second-highest mountain in the Mansiri Himal.

Finish at the Mountain Lodge, where you will spend the night.

Approximate Distance: 8km Approximate Trekking Duration: 5-6 hours.



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 1

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 8 Chhomrong (2170 metres) - Himalaya (2920 metres)

Enjoy a hot breakfast at the lodge before taking a slightly different start to the day's trekking, ascending a stone stairway for the first hour and a half before crossing to Chhomrong Khola on a suspension bridge.

High above the Modi Khola on its west bank, the trail continues through forests of bamboo and oak. Climb further on a rocky path to reach Sinuwa (2350 metres) before trekking gently through the forest. Then descend a long, steep stone staircase into the forests to reach Bamboo (2335 metres) and the more gentle trail towards Dovan and the Himalaya.

Finish at the Mountain Lodge, where you will spend the night.

Approximate Distance: 14 kilometres  
Approximate Trekking Duration: 6-7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 9 Himalaya - Annapurna Base Camp (4130 metres) via Machhapuchhre Base Camp (3820 metres)

This morning, the valley widens while becoming less steep, as you will begin to see the gates to the sanctuary.

As the trail continues into the sanctum, it crosses two avalanche tracks on a narrow trail that hurls up against the cliffs. After a short trek, you will reach Bagar (3310 metres), a green meadow with some abandoned hotels.

The trail will now gently ascend to Machhapuchhre Base Camp (3820m). Enjoy some of the best landscapes in the world, such as Mount Hiunchuli (6441 metres), Annapurna South (7229 metres), Annapurna I (8091 metres), Annapurna III (7555 metres), Gangapurna (7454 metres) and Machhapuchhare or Fish Tail (6997 metres).

The path follows through alpine meadows, and after some distance, the trails gently ascend again. After a short trek, reach the remarkable Annapurna Base Camp! (4130m) Enjoy the night resting in the lodge.

Approximate Distance: 16km  
Approximate Trekking Duration: 6-7 hours.

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 10 Annapurna Base Camp (4130 metres) - Dovan (2630 metres)

Today is another amazing mountain viewing day. After breakfast in the lodge, enjoy a morning exploring the Base Camp and its stunning surrounding views of the Himalayas.

After this, begin the descent back down to Dovan. The trekking is a lot easier now with a gradual descent and should take around 6 hours to reach Dovan. Enjoy the spectacular views throughout the day.

Approximate Distance: 13 kilometres  
Approximate Trekking Duration: 6-7 hours



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 1

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### **Day 11 Dovan (2630 metres) - Jhinu Danda (1750 metres)**

It's worth getting up early this morning to enjoy the hot springs later this afternoon. After having breakfast at the lodge, continue your descent to Bamboo, passing through forests with a wide variety of rhododendron, oaks and of course, bamboo plants.

After Bamboo, the trail goes steeply up for an hour before it flattens in Sinuwa. Gradually descend to the Chhomrong Khola following a stone staircase for almost an hour to reach Chhomrong. The last part of the trail is a steep descent before reaching Jhinu Danda in the afternoon.

Once checked into the lodge, you will have the opportunity to take a relaxing swim in the natural hot springs nearby before your final day of trekking tomorrow. The hike up and down to the hot springs is 1.4 kilometres total.

Approximate Distance: 14 kilometres Approximate Trekking

Duration: 6-7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### **Day 12 Jhinu Danda - Nayapul - Pokhara**

Final day of trekking!

Start today's journey with a gradual descent that flattens out for a few hours before reaching Siwai, and then drive to Pokhara.

You have almost a full day in Pokhara to explore for yourself.

Approximate Distance: 5 kilometres Approximate Trekking

Duration: 2- 3 hours

**Overnight: Hotel Splendid View or similar, Pokhara**

**Meals included: Breakfast; Lunch**

#### **Day 13 Pokhara - Kathmandu**

This morning, enjoy an early breakfast before taking the tourist bus back to Kathmandu at around 07:00.

The drive will be a fantastic experience passing through many satellite towns, rural settlements, gushing rivers and green rural landscapes. The drive takes around 6 hours.

Check into the hotel in Kathmandu and enjoy a farewell dinner with your guide and the group, trading stories of your bucket-list experience you've just completed.

If you would prefer to fly from Kathmandu to Pokhara, an optional flight is available for purchase from the tour operator.

Optional Upgrade: Flight to Pokhara

For those who would prefer to skip the drive, an optional flight to Pokhara (approx. 30 minutes) can be booked through the tour operator.

**Overnight: Hotel in Jampa or similar, Kathmandu**

**Meals included: Breakfast; Dinner**

#### **Day 14 Kathmandu, Nepal - Australia (or New Zealand)**

Today, transfer to the airport for your flight back to Australia (or New Zealand) after ticking off a truly spectacular bucket-list experience!

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## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

### The Itinerary

#### Itinerary 1

Meals included: Breakfast; In-Flight

[Day 15 Arrive in Australia \(or New Zealand\)](#)

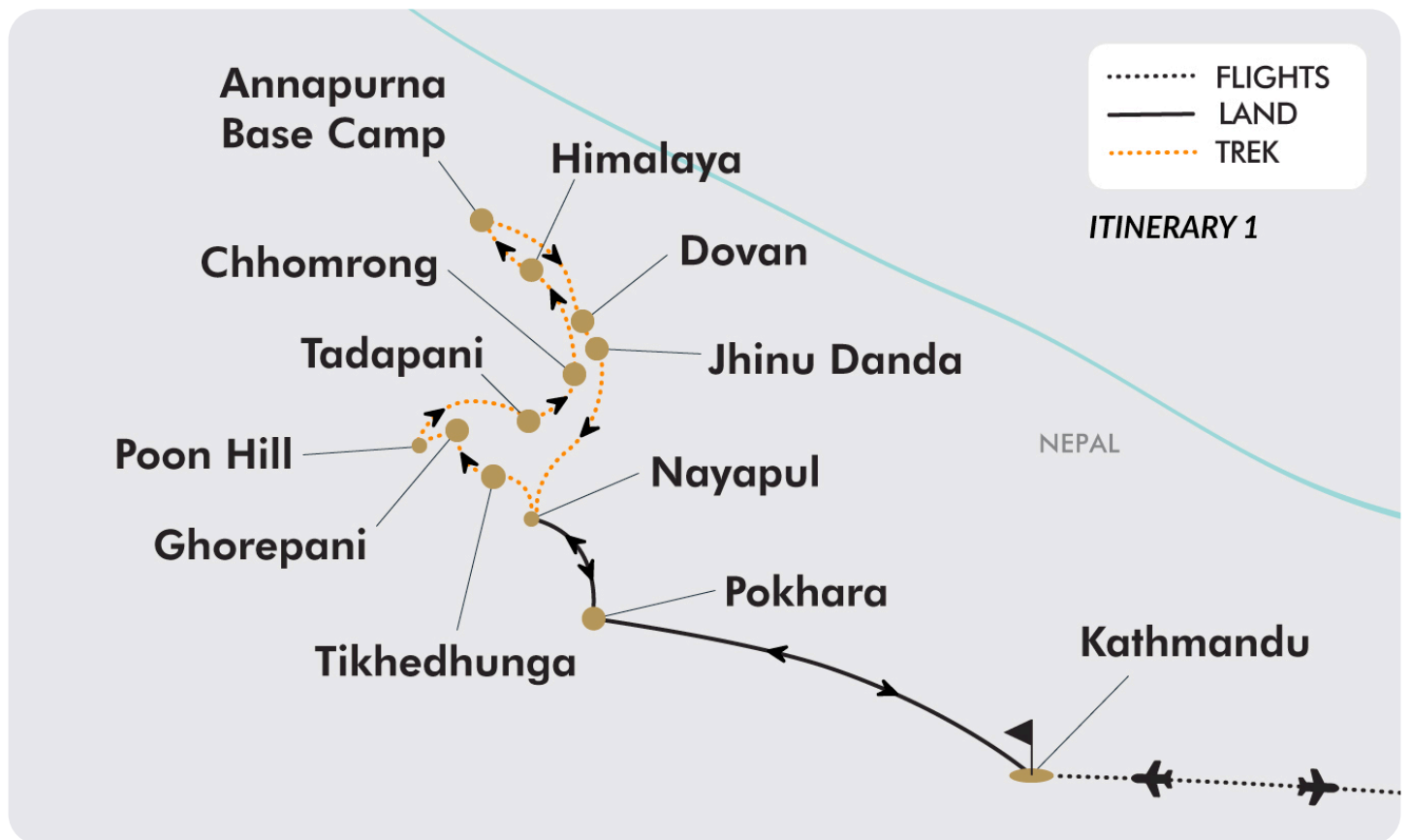
Meals included: None



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

### The Map

#### Itinerary 1



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 2

#### Day 1 Australia (or New Zealand) - Kathmandu, Nepal

Today, depart Australia (or New Zealand) for Kathmandu.

Upon arrival at Kathmandu airport (1338 metres above sea level), you will be met by a tour representative and transferred to the hotel.

*Please note: Due to flight schedules, some flights may depart on day 0. Affected customers must be at the airport the night before. Flight times will be indicated on your final documentation, which you will receive around 6 weeks prior to departure.*

**Overnight: Hotel in Jampa or similar, Kathmandu**

**Meals included: In-Flight**

#### Day 2 Full Day Sightseeing Tour Kathmandu Valley

Following breakfast this morning, set out for a sightseeing tour of the Kathmandu Valley (entrance fees not included—payable to guide approx US .00). In the morning, take in Kathmandu Durbar Square and Swayambhunath (also known as the 'monkey temple'), followed by sightseeing in Pashupatinath Temple and Boudhanath Stupa in the afternoon.

Kathmandu is home to a wonderful mix of the ancient and the new, including Western influences, which makes visiting the capital an interesting experience. Some of the sites you visit are declared UNESCO World Heritage Sites, and you will truly enjoy visiting these ancient monuments and learning about their fascinating history.

Optional Activity: Mount Everest Scenic Flight

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**Overnight: Hotel in Jampa or similar, Kathmandu**

**Meals included: Breakfast**

#### Day 3 Kathmandu - Pokhara

After breakfast, drive along the scenic Trishuli and Marsyangdi rivers to reach Pokhara (approx. 200 kilometres). Ganesh Himal and the Manaslu peak, the eighth-highest mountain in the world, will be visible during the drive.

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Optional upgrade: Flight to Pokhara

Due to ongoing road construction, an optional flight to Pokhara is recommended (approx. 30 minutes). This can be booked through the tour operator on the tour.

**Overnight: Hotel Splendid View or similar, Pokhara**

**Meals included: Breakfast**



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 2

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Afterwards, you will ascend gently to the Mountain Lodge, where you will spend the night.

Approximate Distance: 7 kilometres  
Approximate Trekking Duration: 4 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

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Finish at the Mountain Lodge, where you will spend the night.

Approximate Distance: 10 kilometres  
Approximate Trekking Duration: 6- 7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

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Finish at the Mountain Lodge, where you will spend the night.

Approximate Distance: 8 kilometres  
Approximate Trekking Duration: 5-6 hours



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 2

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### **Day 8 Chhomrong (2170 metres) - Himalaya (2920 metres)**

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Approximate Distance: 14 kilometres  
Approximate Trekking Duration: 6-7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

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Approximate Distance: 16 kilometres  
Approximate Trekking Duration: 6-7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### **Day 10 Annapurna Base Camp (4130 metres) - Dovan (2630 metres)**

Today is another amazing mountain viewing day. After breakfast in the lodge, enjoy a morning exploring the Base Camp and its stunning surrounding views of the Himalayas.

After this, begin the descent back down to Dovan. The trekking is a lot easier now with a gradual descent and should take around 6 hours to reach Dovan. Enjoy the spectacular views throughout the day.

Approximate Distance: 13 kilometres  
Approximate Trekking Duration: 6-7 hours



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 2

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 11 Dovan (2630 metres) - Jhinu Danda (1750 metres)

It's worth getting up early this morning to enjoy the hot springs later this afternoon. After having breakfast at the lodge, continue your descent to Bamboo, passing through forests with a wide variety of rhododendron, oaks and of course, bamboo plants.

After Bamboo, the trail goes steeply up for an hour before it flattens in Sinuwa. Gradually descend to the Chhomrong Khola following a stone staircase for almost an hour to reach Chhomrong. The last part of the trail is a steep descent before reaching Jhinu Danda in the afternoon.

Once checked into the lodge, you will have the opportunity to take a relaxing swim in the natural hot springs nearby before your final day of trekking tomorrow. The hike up and down to the hot springs is 1.4 kilometres total.

Approximate Distance: 14 kilometres Approximate Trekking

Duration: 6-7 hours

**Overnight: Mountain Lodge**

**Meals included: Breakfast; Lunch; Dinner**

#### Day 12 Jhinu Danda - Nayapul - Pokhara

Final day of trekking!

Start today's journey with a gradual descent that flattens out for a few hours before reaching Siwai, and then drive to Pokhara.

You have almost a full day in Pokhara to explore for yourself.

Approximate Distance: 5 kilometres Approximate Trekking

Duration: 2-3 hours

**Overnight: Hotel Splendid View or similar, Pokhara**

**Meals included: Breakfast; Lunch**

#### Day 13 Pokhara - Chitwan

After an early morning breakfast, drive to Chitwan (approx. 150 kilometres). Check in to your jungle lodge and embark on a wildlife Tharu village tour.

The tour gives you the opportunity for an up-close and personal observation of the Tharu culture. Witness the daily lifestyle and activities of the Tharu community. The Tharu are indigenous to Chitwan and are popular for their traditional culture.

**Overnight: Rhino Land Jungle lodge or similar, Chitwan**

**Meals included: Breakfast**

#### Day 14 Chitwan Jungle Activities

After breakfast, set out for a full day of jungle activities in the Chitwan National Park. During the day you will enjoy an opportunity to watch elephants bathing and visit an elephant breeding centre. At dinner this evening, enjoy a brilliant Tharu cultural stick dance.

**Overnight: Rhino Land Jungle lodge or similar, Chitwan**

**Meals included: Breakfast**



## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

# The Itinerary

### Itinerary 2

#### Day 15 Chitwan - Kathmandu

After breakfast, enjoy an interesting bird-watching tour in the morning, and then return to Kathmandu by tourist bus (approx. 180 kilometres).

Optional upgrade: Flight to Kathmandu

For those who would prefer to skip the drive, an optional flight from Chitwan to Kathmandu (approx. 30 minutes) can be booked through the tour operator.

**Overnight: Hotel in Jampa or similar, Kathmandu**

**Meals included: Breakfast**

#### Day 16 Kathmandu, Nepal - Australia (or New Zealand)

After breakfast, be transferred to the airport for your flight back to Australia (or New Zealand).

**Meals included: Breakfast; In-Flight**

#### Day 17 Arrive in Australia (or New Zealand)

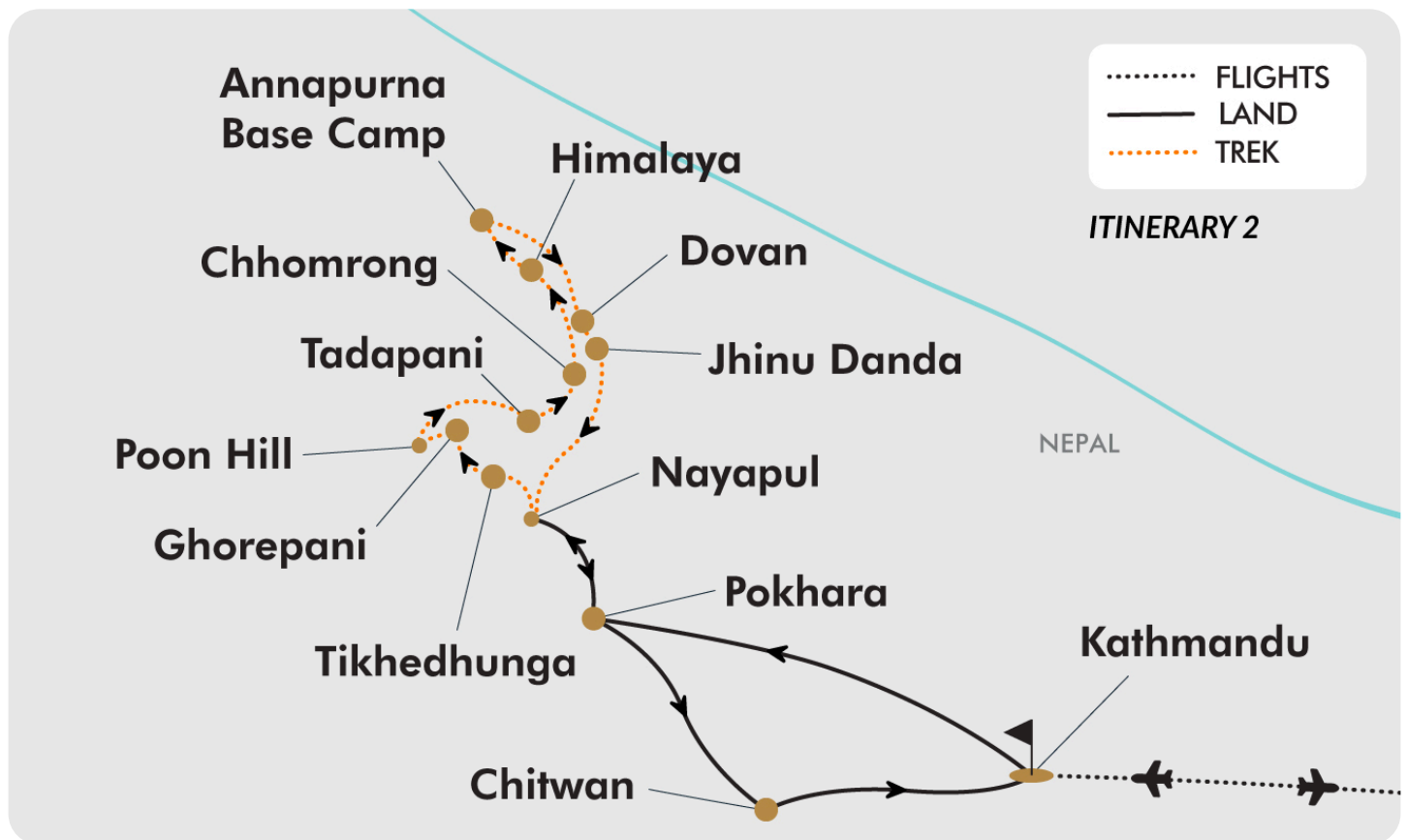
**Meals included: None**



**15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP**

## The Map

### Itinerary 2



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## 15-DAY TOUR PACKAGE | ANNAPURNA BASE CAMP

### Tour Inclusions

#### HIGHLIGHTS

See Patan Durbar Square and Swayambhunath Stupa on a guided tour of Kathmandu

Enjoy time at leisure exploring natural and cultural historical sites in Pokhara

Enjoy a 9-day trek through some of the world's most scenic landscapes

View the sunrise over the iconic peaks at Poon Hill

Hike through spectacular rhododendron, oak and other kinds of dense forests

Experience the Tibetan ethnic Gurung and Magar culture in remote mountain villages

Search for different types of wildlife including various bird species and monkeys

View the high elevation natural amphitheatre at the foot of Annapurna Himalayas

Enjoy time at leisure in capital city Kathmandu, known for its historical temples and fascinating religious monuments

View amazing scenery on the drive from Kathmandu to Pokhara

#### FLIGHTS

Return international full-service flights (economy class), surcharges may apply.

#### ACCOMMODATION

5 nights hotel accommodation

8 nights mountain lodge accommodation

#### DINING

Enjoy 31 meals including full board during the trek

#### ESSENTIALS

Professionally trained English-speaking mountain guide and porter

Assistance with carrying luggage throughout the trek

All ground transportation as per itinerary

All National Park entry fees and TIMS permit

Sleeping bag and down jacket for the trek

All government taxes, VAT and service charges

#### TRANSPORT

Transportation by private air-conditioned vehicles

#### TRANSFERS

Return airport transfers

# Important Information

*\*Please note: All information provided in this brochure is subject to both change and availability. Prior to purchase please check the current deal for up-to-date information. If you have already purchased this deal, the terms and conditions on your Purchase Confirmation apply and take precedence over the information in this brochure.*

## Booking Information

After purchase, you will receive a receipt and a Purchase Confirmation, directing you to an online Passenger Information Form. You must complete the Passenger Information Form within 72 hours of purchase.

Any special requests, preferences and optional extras MUST be clearly stated in your Passenger Information Form. Any change requested after submitting your Passenger Information Form cannot be guaranteed, is strictly subject to availability and will incur surcharges as outlined in the Schedule of Fees below.

*Please note: All countries and territories have different entry requirements in relation to vaccinations, quarantine/isolation periods and travel restrictions. Due to the evolving nature, we would ask all of our customers to monitor, meet and adhere to the specific requirements of their intended destination(s) in the lead-up to and immediately before travel, as well as any requirements post-travel upon their return.*

## Our Policies

### Cancellation & Refund Policy

**By placing a booking with us, you acknowledge the following important information:**

- **we act as your booking agent ;**

TripADeal is a booking services provider, and curates the Travel Offers available on our website. We act as your booking agent, and we receive payment for the Booking Services as part of the booking price, however, we do not provide any of the Travel Services (flights, accommodation, tours or other products or services) included in your booking – the Travel Services are provided by a

number of third party Travel Suppliers.

- **each booking is unique ;** our Travel Offers are made up of a variety of different components and are, during the booking process, uniquely tailored to suit your requirements, for example, departure dates and ports, flight and room upgrades, tour inclusions, etc.
- **changes/modifications to your booking may not be possible ;** once your booking has been made, changes or modifications may not be possible, and where possible, may incur a fee. It is important to ensure that the information you provide during the booking process is accurate and up to date, and that you read the Travel Offer carefully before placing your order.
- **Travel Offers are a package ;** our Travel Offers have been curated into package offerings and must be used as a package – individual components cannot be used independently of the full package offering.
- **our Travel Offers are generally non-refundable ;** in order to provide great value Travel Offers, we work with a variety of Travel Suppliers to find the best deals – this often means the Travel Suppliers' offerings are non-refundable to ensure the best price. We recommend that you obtain travel insurance as soon as you make a booking with us.

To read more about our Cancellation and Refund Policy, [please click here](#).

### General Terms & Conditions

By placing your booking with us, you acknowledge and agree to our [Terms & Conditions](#), [Privacy Policy](#) and [Cancellation Policy](#).

### Offer Essentials

This travel offer is valid for travel on selected dates until the 30th of December 2027.

Minimum group size 2, maximum group size 12 per tour.

This Travel Offer is priced per person based on a twin share.

### Departure Dates & Surcharges

See checkout for live dates and availability.

### Single Traveller Supplement

For solo travellers, a mandatory single supplement applies:

Itinerary 1: \$400

Itinerary 2 - Chitwan Extension: \$500

*Please note: Accommodation for single customers who are travelling on a tour or cruise package may be in a single room, depending on availability. Due to the remoteness and limited availability of mountain lodges, you will be required to share a room with a fellow trekker, of the same gender, for at least for 3 nights in the higher locations (in Himalaya, Annapurna Base camp and Dovan).*

### Child Policy

- No child discounts are offered. The full price applies to all children travelling with their parents.
- Valid for children 12 years old and over.

*Please note: Children must be accompanied by a responsible adult 18 years old and over to travel. No unaccompanied minors are allowed.*

## Flights

### Departure Cities

Sydney, Melbourne, \*Brisbane, Perth, \*Adelaide and \*Auckland

### Departure City Surcharges

Brisbane & Adelaide: \$250 per person

Auckland: \$650 per person

### International Flight(s)

Full-Service Airline(s) Used

- Cabin Class: Economy Class

*Please note: We cannot accommodate one-way flights. Travellers must take all included flights within the package, and any flights intentionally forfeited will result in later flights being subject to cancellation.*

*Please note: From Sydney or Melbourne, the flying journey to your destination may take up to 20 hours, with up to 1 stop.*

From Brisbane or Adelaide, the flying journey to your destination may take up to

# Important Information

27 hours, with up to 2 stops.

From Perth, the flying journey to your destination may take up to 17 hours, with up to 1 stop.

From Auckland, the flying journey to your destination may take up to 28 hours, with up to 2 stops.

This is provided as a guide only - actual flight duration can vary depending on availability and airline schedules. Your booking's final details will be confirmed to you via email once available.

## Preferred Airline Surcharge

Not available

## Arrive Early and Stay Behind Options

Fly out and return home up to 60 days pre and post your tour dates.

### Arrive Early

Kathmandu, Nepal - From \$300 per person, subject to availability.

### Stay Behind

Kathmandu, Nepal - From \$300 per person, subject to availability.

*Please note:*

#### ● Exclusions:

*This fee does not include extra nights' accommodation, meals or airport transfers.*

#### ● Cancellations & Changes:

*Flight booking changes or cancellations after air tickets have been issued are not guaranteed and may incur additional fees and fare difference, subject to the airline cancellation and change policies. Flight changes are subject to availability at the time of booking.*

#### ● High-Season:

*A high-season Arrive Early or Stay Behind can be purchased for an additional charge, subject to availability. For pricing, please refer to the cart.*

#### ● + 60 days:

*You can fly out up to 60 days before your package's start date, and/or return home 60 days after your package's end date. Should you wish to fly out or return home for more than 60 days from the tour, please contact us to request availability. Additional costs may apply.*

#### ● Estimated dates:

*Your estimated departure, return, and arrival dates are all subject to availability and may vary. The confirmed schedule for all flights will be provided when you receive your flight tickets.*

#### ● High season surcharges apply to flights departing between the below date ranges:

- 3rd April 2026 - 20th April 2026
- 26th June 2026 - 17th July 2026
- 12th September 2026 - 23rd October 2026
- 30th November 2026 - 26th January 2027
- 30th March 2027 - 17th April 2027
- 24th September 2027 - 11th October 2027
- 6th December 2027 - 31st December 2027

## Stopover Packages

\* Kulala, Lumpur, Malaysia

Includes:

- 2, 3 or 5 nights in 4-star accommodation
- Daily breakfast
- Return airport transfers

For pricing, please refer to the payment cart at checkout.

*Please note:*

- *When a pre and post-tour stopover is chosen, the same stopover location must be chosen each way, due to the airline used.*
- *When selecting to Arrive Early for your tour in conjunction with a Stopover Package, your fly out date from home will take place before the stopover.*
- *When selecting to Stay Behind after your tour in conjunction with a Stopover Package, your stopover will take place before your final flight home.*
- *Stopover packages are subject to availability.*

- *In the event that a purchased stopover package and a purchased preferred airline upgrade are not compatible, you will have the option to receive a refund for the preferred airline upgrade or be offered an alternative stopover city option, e.g if you choose to fly with Singapore Airlines you cannot stopover in Dubai.*
- *Blackout dates apply to flights departing between the below date ranges:*

2nd October 2025 – 8th October 2025  
22nd December 2025 – 2nd January 2026  
1st October 2026 – 9th October 2026  
18th December 2026 – 3rd January 2027

## Flight Class Upgrades

Business Class: For pricing, please refer to the payment cart at checkout.

*Please note:*

- *Flight upgrades are subject to availability and pricing changes (if we cannot fulfil your request, the upgrade cost will be refunded).*
- *On any upgrade purchase, short-haul flights and domestic flight sectors are not guaranteed, subject to aircraft configuration.*

## Outbound Flights

*Please note: Due to flight scheduling and availability, some departures may occur on Day 0. Affected customers must be available to depart the day before. Flight times will be indicated on your final documents, issued 4-6 weeks before departure.*

## Missed Flights

If you fail to arrive for your outbound flight, you risk all flight and land arrangements in your destination being automatically cancelled by the airlines and land operator, respectively. Additional fees may apply to reinstate these services. If you miss your flight for whatever reason, please contact us as soon as possible to make arrangements.

## Accommodation

### Accommodation Used:

3-Star Properties (Self-rated)

# Important Information

- Kathmandu: Hotel in Jampa or similar.
- Pokhara: Hotel Splendid View or similar.
- Chitwan (Chitwan extension only): Rhino Land Jungle Lodge or similar.

## No Star Rating

### Trek: Mountain Lodges

All lodges have beds with linen and indoor bathrooms. Hot water is available on request. A hot shower is an additional cost of approx \$2.50 - \$5 AUD at the Mountain Lodges. Please note some lodges do not provide towels so packing a towel is necessary.

### Please note:

- Accommodation/rooms offered are based on a lead-in room type and are subject to availability based on seasonality. In the instance a property is not available, a similar standard of accommodation will be provided. Properties will be confirmed and included in your travel pack, which you will receive 4-6 weeks before travel.
- 3-star hotels will be used in cities and on the trek locally owned comfortable lodges with an indoor bathroom. As the lodges are locally owned, the money goes back into the local community, giving back to the people of Nepal.

## Extra Nights

Not available.

*Please note: If you are interested in booking additional nights of accommodation pre or post-tour, please wait until you receive your travel documentation approximately 4-6 weeks before departure for the confirmed list of hotels. If booking your own additional accommodation directly with the hotel, please be aware that you may be required to change rooms at the start/end of your tour.*

## Maximum Room Capacity

2 people.

## Triple Share

Not available.

## Bedding Configuration

Twin or double (subject to availability).

## Optional Tours/activities

- Day 3: Upgrade to flight from Kathmandu to Pokhara: \$130 USD
- Day 13: Upgrade to flight from Pokhara to Kathmandu: \$130 USD
- Day 15: Upgrade to flight from Chitwan to Kathmandu: \$140 USD

### Please note:

- *Prices are based per person, are subject to availability, time permitting and weather conditions, and are payable directly to the tour operator in the currency specified.*

## Exclusions

- Visa fees and requirements
  - Domestic transfers and flights not stated in the deal offer
  - Meals/beverages not stated in the deal offer
- \*Bottled water will be available to purchase during the trek (approx \$0.80 to \$2)
- Optional gratuities/tipping
  - Optional activities/tours
  - Monument entrance fees (Kathmandu City Tour): Approx. \$25 USD (approx. \$35 AUD)
  - Personal expenses
  - Travel insurance
  - Any costs associated with an interruption to your tour as a result of an airline schedule change or cancellation

## Gratuities / Tipping

### Land

Gratuities (tips) are not included for the services of the tour leader (when available) and driver throughout the tour. The recommended tip is \$10 AUD from each member for the guide and \$5 AUD from each member for the driver for Day 2. To cover both your guides and porters for the remainder of the trek from day 3 to 12, there will be a total of \$140 AUD from each member of the group.

*Please note: Tipping for services provided is always a matter of personal discretion; however, please be aware that many locals consider tipping part of their normal remuneration, and they may approach you*

*for payment; there's no need to be intimidated by the request.*

## Other Important Information

### TOUR GUIDE VS. TOUR LEADER

#### Tour Guide:

Often locals with intimate knowledge of an area, its culture, and history. Their role entails providing commentary, routing the tour, and seeing that people have a good time. They are a licensed, qualified expert who supplies specific information on the history, art, architecture and culture of the city/village/attraction where they are guiding the tour. The guide meets the group at the required place and leaves it at the end of the tour; they do not travel with the group.

#### Tour Leader:

An experienced person tasked with ensuring the smooth operation of tours, as well as providing practical support to passengers throughout the whole trip. Their role primarily includes assisting with accommodation, transportation between locations, and communication with tour guides at each stop. A tour leader may provide general guidance around a city or village and offer information on the place visited on the bus. However, they are not required to have specific art, architecture, or historical knowledge. They are not allowed to provide a guided tour or commentary of a city/village/attraction once there and, if caught doing so, can be fined.

*Please note: Tour leaders/guides are not a standard inclusion in all travel offers. Tour leaders/guides will only be made available when required to enhance the experience of the destination featured.*

### CLIMATE & AVERAGE TEMPERATURES

The best time to visit Nepal is during Spring and Autumn, however, Nepal can be visited the whole year round. There is no seasonal constraint on travelling in and through Nepal. Even in December and January, when winter is at its most severe, there is compensating sunshine and

# Important Information

brilliant views.

## Weather

We always suggest referring to an online source for the most up-to-date weather information for your destination/s.

### High Altitude Sickness

Altitude sickness can occur at high elevations when the body receives less oxygen. It can affect anyone, regardless of age or fitness, with symptoms such as headache, nausea, dizziness, fatigue, and shortness of breath.

Tips to help prevent altitude sickness:

- Stay well hydrated and eat light, high-carbohydrate meals
- Avoid overexertion during the first 24–48 hours at high altitudes
- Limit alcohol and avoid smoking
- Consult your healthcare professional about preventive medications or your suitability for travel to high-altitude areas

## FLIGHTS

### **Seat Selection & Frequent Flyer Points:**

We do not arrange seat selection. It is essential to highlight that some airlines do not allow pre-selected seats. We strongly suggest you contact the airline directly with seating allocation requirements and/or arrive at the airport earlier to arrange your seating. While we do not add frequent flyer member details to bookings, you can do this directly with the airline once you have your flight information.

### **Passport Validity:**

Customers must provide valid passport details either at the time of purchase or no later than 90 days before the departure date. Failure to do so may result in the cancellation of the booking. Customers will be responsible for any costs and fees incurred in this instance.

## COACH TOUR

### **Meals:**

For meals not included, the tour leader (when available) will offer assistance with

reservations, suggestions and directions to local restaurants. It is your responsibility to notify us of any dietary requests/requirements.

*Please note: We will do our best to meet your requests/requirements; however, we cannot guarantee that we will always be able to.*

### **Luggage:**

You will be responsible for all your personal belongings whilst on tour. You must carry your own luggage from the vehicle to the hotel room and back to the vehicle. The driver will assist with the uploading and unloading of bags from the vehicle.

### **Luggage/Backpack on Annapurna Base Camp Trek:**

Your main luggage will be carried by porters on trek and you simply carry a daypack with a water bottle, camera, sun-screen, spare jacket etc during the trek, as small loads allow for full enjoyment of the trek. A trek bag is ideal for your main luggage, plus a small lockable bag for travel clothes or anything that you do not need during the trek which you can leave at the hotel's locker room/safe deposit box in Kathmandu free of charge. A porter is provided for every two trekkers, and a porter can carry about 20kg (10kg from each trekker).

## OTHER

### **Mobility:**

If you require wheelchair access please contact our friendly sales and service team to inquire on your behalf.

### **Fitness Level Required:**

Adventure (and spontaneity) create some of the best travel memories. Bear in mind, your home schedules and timings might not be adhered to on tour - it's all part of the fun!

An active level of fitness will be required. Expect an active pace of travel where the focus is on adventure with no limitations. You will need to be self-reliant, physically fit and healthy to participate in fast-paced

travel, extended walking/trekking over several hours/days, navigate steep steps, slopes, rugged and uneven terrain, varying weather conditions, remote locations and higher elevations. You will be responsible for your own luggage and able to board all modes of transport without assistance.

This tour is typically inaccessible to wheelchairs, mobility scooters and those requiring assistance while travelling. The tour includes daily trekking from between 3 hours to 8 hours. You will reach an altitude of 4,130m above sea level.

*Please note: It is expected that every traveller must be self-reliant and able to undertake all aspects of their own travel. Please speak to your booking agent about your personal circumstances and any assistance requirements to ensure this tour is right for you.*

*Please note: If you have any concerns, please consult your healthcare provider prior to purchase/travel.*

### **Electricity & Battery Charges On Trek**

Electricity is available in some of the villages on the trek, where you can recharge your camera batteries, and there is solar power in some villages that you will trek through. We suggest you bring spare batteries, and be prepared to pay a small fee to charge electronic items.

### **Insurance/Rescue/Evacuation**

In case of a serious sickness or injury while you are on the Annapurna base camp trek, we will do everything to transfer you to the nearest hospital. You will be entirely liable for all the expenses incurred in the evacuation/rescue, so, please make sure that these expenses are covered by your insurance policy before departure

### **Suggested Packing List**

#### General

- Four-season sleeping bag (Optional - one can be provided if required, to be returned after the trek)
- Duffel or rucksack bag to hold all your gear - this will be carried by the porters.
- Daypack for yourself

# Important Information

- A down jacket (alternatively, these can be hired and returned at the end of the trek, free of charge)
- Shade hat
- Warm wool hat to cover your ears
- A pair of lightweight warm gloves
- T-shirts 2-3 pieces
- Lightweight thermal tops
- Fleece jacket
- Wind-stopper jacket (optional)
- A pair of quick-drying nylon hiking shorts
- Two pairs of trekking pants, preferably that zip on/off at the knees so they double as shorts
- Four pairs of liner warm socks
- A pair of light to medium-weight waterproof hiking/trekking boots
- A pair of light trekking shoes for camp/lodges
- A pair of sandals (optional)
- A water bottle
- Head/torch light
- A medium size towel
- Walking poles (optional)

## Medicines & First Aid Kits

We recommend consulting your local Medical GP regarding any medication suggestions to take for these regions.

## Other important items

- Passport and extra passport photos (4 copies) - these extra passport photos are necessary to obtain the trekking permits
- Durable wallet/pouch for travel documents, money & passport
- Lip balm. At least SPF 20, 2 sticks
- Suncream with SPF 40 is recommended
- Water purification Iodine tablets
- Toiletry kit and be sure to include toilet paper stored in a plastic bag, hand wipes, liquid hand sanitiser, towel, soap, etc.

Sightseeing:

*Please note: If entry to a site is affected by changes in operating hours or public holiday closures, your itinerary, where possible, may be adjusted, or a similar activity will be offered in its place (subject to availability).*

Shopping:

Shopping overseas can be a daunting and confusing experience, especially when there is a language barrier. Please be very

cautious when foreign currencies and prices are involved. If paying by credit card, please pay close attention to the amount you are being charged and keep all your receipts.

Do not make any purchases you are not comfortable with or feel pressured into. If you are uncertain or need assistance with the language barrier, please seek assistance from your Tour Guide/Leader. Please refer to our [Terms and Conditions](#) regarding shopping for further information.

## Visas

A tourist visa for Nepal is a strict requirement if travelling on an Australian Passport. This can be arranged upon arrival for \$30 USD and is valid for 15 days. Visitors should arrive with USD currency and 2 passport-sized photos.

**Important:**

- *Visa rules are subject to change. Please check with the nearest embassy, consulate or immigration department of the destination/s you are visiting once you receive your travel documentation to ensure you have the most up to date information.*
- *It is your responsibility to be travel-ready and ensure that you are aware and comply with any destination or travel requirements, including the validity of all required travel documents.*
- *Passengers who are not Australian citizens must also check with the respective consulate or visa agency to determine what their visa requirements are and what personal identification is required.*
- *It is also important to note that some areas of employment, such as journalism, government authorities and charity organisations, may have additional restrictions in applying for visas. This may, in turn, affect the type of application required.*

## Travel Insurance

Embarking on your next trip is exciting, and while you hope the unexpected does not happen, it is best to be prepared. We strongly recommend you take out travel

insurance when making your booking. Whether it's a potential medical emergency, a flight cancellation, a delayed suitcase, or an unforeseen event, it's important to ensure you're adequately protected. For more information or advice visit <https://www.tripadeal.com.au/travel-insurance>

## Schedule Of Fees

### Voluntary Changes

This includes booking changes requested by you, including but not limited to those changes requiring an airline ticket or a Purchase Confirmation reissue.

- Changes - \$100 per booking and any additional charges applied by the airline/cruise company/accommodation/other travel providers.

### Name Changes Due To Passenger Error

- If the incorrect name has been provided, charges of \$100 per booking and any additional charges applied by the airline/cruise company/accommodation/other travel providers.

### Supplier Fees

In the event the tour package you have purchased is unable to proceed, and/or a Travel Supplier is unable to fulfil the tour due to external circumstances (Limitation of Liability e.g. a Force Majeure event), there may be a fee or amount of money that is withheld by our Suppliers and is unrecoverable. This may be due to non-refundable airline tickets, cancellation penalties with cruise cabins or unrecoverable payments with our land/accommodation partners. If refunds are not available from Suppliers, we will endeavour to obtain a travel credit on the best terms available and communicate these outcomes to you. In the event we are unable to obtain a refund or travel service credit, or part thereof, this cost is passed on to the customer as a Supplier Fee.